



राजस्थान स्वास्थ्य विज्ञान विश्वविद्यालय

Rajasthan University of Health Sciences
Sector-18, KumbhaMarg, Pratap Nagar, Tonk Road, Jaipur-302033 (Raj.)

No. F 7 (135) Research/RUHS/2026/ 10502

Date: 15/06/2026

Notification (Ph.D. Viva Voce Result Declaration)

Ph.D. Viva Voce Examination of **Ms. Mamta Gupta** under the supervision of **Dr. Anuradha Yadav**, Senior Professor, Department of Physiology, SMS Medical College, Jaipur for Full Time regular **Ph.D. in Physiology (Medicine)** on thesis entitled "**EFFECT OF LIFESTYLE MODIFICATION BY PHYSICAL ACTIVITY AND/OR DIETARY INTERVENTION ON METABOLIC, HORMONAL, OVARIAN CYST PARAMETERS AND PSYCHOLOGICAL STATE IN WOMEN WITH POLYCYSTIC OVARY SYNDROME (PCOS): A RANDOMIZED CONTROL TRIAL STUDY**" was conducted at SMS Medical College, Jaipur on dated **25-05-2026**.

The external examiner appointed by University for conducting the Viva-Voce examination has recommended for the award of Ph.D. degree for the thesis work.

Rajasthan University of Health Sciences, Jaipur is pleased to inform you that the recommendation of external examiner reports of Thesis Evaluation & Viva Voce examination Report for award of degree in Ph.D. course was approved by the Hon'ble Vice Chancellor.

(Harphool Pankaj)

Registrar

Date: 15/06/2026

No. F 7 (135) Research/RUHS/2026/ 10503 - 507

Copy to the following for information and necessary action:-

1. P.S. to Hon'ble Vice-Chancellor, Rajasthan University of Health Sciences, Jaipur.
2. **Principal & Controller**, SMS Medical College, Jaipur.
3. Guide/Supervisor **Dr. Anuradha Yadav**, Sr. Professor (Research Guide), Deptt. of Physiology, SMS Medical College, Jaipur.
4. **Ms. Mamta Gupta**, Ph.D. Scholar, Department of Physiology, SMS Medical College, Jaipur.
5. Guard File.

(Dr. Balveer Singh Rathore)

Additional Registrar

Signed by: Harphool
Pankaj, Registrar
Date: 2026-06-15
11:19:14 +05:30



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